

Learner Self-Reflection 3 – 24354 (v3) Demonstrate knowledge of health and safety legislation and apply safe working practices in a BCATS environment

Student name:

1. Your first job involves working on a roof. You feel uncomfortable at heights. What should you do?

2. What is the recommended angle ratio for a ladder when it is set up?

3. Why are power lines an extreme hazard when you are carrying or using an aluminium ladder?

4. What is the minimum distance the top of a ladder should extend above a working platform?

5. Identify the possible consequences of directing compressed air at another person.

6. Identify 3 sources of information that you can use to identify the hazards and precautions associated with a specific product.

1.
2.
3.

7. Identify 3 potential hazards and ongoing consequences that could occur if you decide to use a machine without receiving instructions in its proper use.

Hazard 1:

Consequence:

Hazard 2:

Consequence:

Hazard 3:

Consequence:

1. Identify hazards associated with each of the following safety issues.

Loose clothing:

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Long hair:

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Non-safety footwear:

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Wearing jewellery:

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Poor lifting technique:

Handling or moving of heavy objects:

Heights: